

# Welcome to Great Harvest Bread Co.

## Specialty Panini's

- TUSCAN CHICKEN** \$9<sup>19</sup> **CAL. 860**  
*Aged Provolone melted over sliced chicken breast, red onion, with romaine lettuce, tomato, and a sundried tomato spread on Italian Herb Focaccia.*
- SPICY TURKEY & PEPPER JACK** \$9<sup>79</sup> **CAL. 1000**  
*Smoked Turkey breast, Pepper Jack Cheese, roasted onions and peppers, sliced red onion, romaine lettuce and tomato with a chipotle mayonnaise on Rye.*
- SMOKY BBQ CHEDDAR CHICKEN** \$9<sup>79</sup> **CAL. 660**  
*Chicken breast and thinly sliced red onions with a smoky honey barbeque sauce, melted Cheddar Cheese and crisp bacon on Italian Herb Focaccia.*
- SPICY APPLE BACON GRILLED CHEESE** \$9<sup>19</sup> **CAL. 680**  
*Melted sharp cheddar cheese & provolone, thinly sliced apples, bacon and pepper jelly on wheat or white bread.*
- ROASTED PEPPER CHIPOTLE CHEESESTEAK** \$9<sup>19</sup> **CAL. 770**  
*Roast beef layered with melted Havarti cheese, marinated, roasted bell pepper & onion, and chipotle mayo on Dakota bread.*

**Make it a Combo!** - Upgrade to a med. fountain drink and a bag of chips for only 2<sup>50</sup>; make it an iced tea for 3<sup>00</sup>



Extra Cheese 50¢ (Brie 1<sup>-</sup>)  
 Extra Meat 2<sup>00</sup>

Cal. 95-165  
 Cal. 123-258

Gluten X Bread 1<sup>50</sup> : (Please note due to the added labor sandwiches made on the Gluten X bread will take longer to complete.)

## Gourmet Cold Sandwiches

- HAM & BRIE** \$8<sup>49</sup> **CAL. 480**  
*Fresh slices of smoked ham paired with warm Brie, slices of crisp green apple, and an apricot Dijon honey spread.*
- THREE SEED HUMMUS VEGAN** \$8<sup>49</sup> **CAL. 520**  
*Roasted sesame, sunflower, and pumpkin seeds puréed with chickpeas in a healthy, protein packed hummus spread on Dakota bread with radish sprouts, carrots, tomatoes and lettuce.*
- CHIMICHURRI ROAST BEEF** \$8<sup>49</sup> **CAL. 600**  
*Fresh herbs, jalapeños, cumin, coriander, and garlic puréed into a savory green chimichurri sauce and drizzled over slices of roast beef and Swiss cheese.*
- HARVEST VEGGIE** \$8<sup>49</sup> **CAL. 600**  
*Fresh red tomato, cucumber, romaine lettuce, and Provolone and Cheddar Cheeses with a sundried tomato spread on Honey Whole Wheat.*
- SMOKED TURKEY GODDESS** \$8<sup>49</sup> **CAL. 620**  
*Avocado, parsley, basil, tarragon, scallions, and lemon juice creates the delectable goddess dressing drizzled atop smoked turkey breast and creamy Havarti cheese.*
- CALIFORNIA COBB** \$8<sup>99</sup> **CAL. 540**  
*Fresh avocado, thinly sliced red onion, Romaine lettuce, tomato, Hickory Smoked Turkey breast, and crispy bacon with a bleu cheese spread on Honey Whole Wheat Bread.*
- LOUISVILLE CHICKEN SALAD** \$8<sup>49</sup> **CAL. 710**  
*Chunks of white chicken and spiced pecans in a seasoned mayonnaise, topped with fresh tomato, red onion and lettuce on Honey Whole Wheat Bread.*
- THE ITALIAN** \$8<sup>49</sup> **CAL. 620**  
*Shaved salami and ham topped with a roasted red pepper black olive tapenade and provolone cheese drizzled with a red wine vinaigrette.*
- BAJA CHIPOTLE TURKEY** \$8<sup>99</sup> **CAL. 600**  
*Thin slices of smoked turkey breast with a flavorful chipotle honey lime yogurt sauce, shaved cabbage, pickled red onions, avocado, and pepper jack cheese on Dakota bread.*

## CLASSIC SANDWICHES

Made with thinly sliced red onion, romaine lettuce, sliced tomato, spicy mustard, mayonnaise, salt and pepper, on Honey Whole Wheat.

**HAM & CHEESE**                      \$7<sup>69</sup>                      **CAL. 630**

Tender thin slices of Ham and rich Swiss cheese.

**TURKEY & SWISS**                      \$7<sup>69</sup>                      **CAL. 620**

Premium smoked turkey and Swiss cheese . Classic as it comes.

**ROAST BEEF**                      \$7<sup>69</sup>                      **CAL. 600**

Top of the line thin sliced Roast Beef and aged provolone, back together again.

**TUSCALOOSA TUNA SALAD**                      \$7<sup>69</sup>                      **CAL. 610**

White albacore tuna mixed with a seasoned mayonnaise dressing lightly salted.

**BEST EVER BLT**                      \$8<sup>49</sup>                      **CAL. 460**

Crisp smoky bacon, ripe tomatoes, romaine lettuce, mayo and toasted on our Panini grill.

**GRILLED CHEESE PANINI**                      \$7<sup>69</sup>                      **CAL. 740**

A twist on the traditional. Served with garlic herb spread, Cheddar Cheese, and Swiss Cheese on Honey White bread.

**PEANUT BUTTER & JELLY**                      \$6<sup>19</sup>                      **CAL. 650**

Chunky, all-natural peanut butter and your choice of strawberry or grape fruit preserves.



\*2,000 calories a day is used for general nutrition advice, but calorie needs vary.



## SOUP, SALAD AND COMBOS

**HOUSE SOUP —**    **CAL. 120 - 680**

Small (8 oz) .....3<sup>99</sup>                      Large (12oz) .....5<sup>29</sup>

**GARDEN SALAD** 6<sup>99</sup>    **CAL. 280 - 310**

Your traditional green leaf garden salad topped with tomato, onion, cucumber and carrots and your choice of dressing.

**GREEK SALAD** 8<sup>49</sup>    **CAL. 480**

Fresh greens, artichoke hearts, Kalamata olives, roasted red peppers, cucumbers, cherry tomatoes, and feta cheese, topped with our house-made Red Wine and Olive Oil Vinaigrette

**YARDBIRD SALAD** 9<sup>49</sup>    **CAL. 660**

A flavorful mix of greens, chicken, spiced seeds and nuts, roasted chickpeas, golden raisins, cranberries and Parmesan cheese, topped Avocado Goddess Dressing

**1/2 SANDWICH AND SOUP COMBO**                      **CAL. 350 - 480**

Available for any sandwich and either the Tomato Bisque or Soup of the Day. Ask for the price with your favorite sandwich.

## BREAKFAST SANDWICHES

A baked egg white patty seated on a bed of our garlic herb spread with your choice of cheddar or pepper-jack and on our handcrafted bread. \$7<sup>69</sup>

\* With a pile of fresh veggies \$8<sup>29</sup>

\* With ham or crispy bacon \$9<sup>19</sup>

Cal. 440-720